

# ADOLESCENTS WHO DISPLAY HIGH RISK BEHAVIOUR: UNDERSTANDING TRAUMA & ATTACHMENT How Can We Begin to Support Young People?

This course is aimed at exploring the impact of traumatic developmental experiences that affect children's attachment & influence behaviour. It will address the following:

## 1 ATTACHMENT



- Definitions
- The learning cycle
- Safe base

## 2. TRAUMA



- Episodic trauma – PTSD
- Developmental trauma
- Symptoms of trauma

## 3. NEURO-DEVELOPMENT



- Brain development
- Attachment & the brain
- Trauma & the brain

## 4. INTERVENTIONS



- Supporting young people with attachment & trauma difficulties
- Trauma-specific interventions
- Empathic 'parenting' - working with P.A.C.E



## FACILITATORS

### Jonny Matthew (MSc; BA(Hons); DipSW; Dip.Crim.CJ; RSW)



As well as his freelance work, Jonny is part time Senior Adviser for Casework Innovation for the Wales Youth Justice Board (YJB).

Prior to his current role, Jonny was a YOT practitioner for 5 years followed by 10 years as an adolescent sexual offending specialist. In August 2013, he left his post as Interventions Lead for Hillside Secure Children's Home, and joined the YJB.

Jonny is the current chair of the National Organisation for the Treatment of Abusers (NOTA) in Wales and sat for a number of years on the Barnardo's Cymru adoption and fostering panel. He has recently written a book chapter for the Attachment Network Wales on using attachment-based approaches with complex teenagers who display challenging and risky behaviours.

Jonny's research interests are youth justice, attachment, adoption, abuse, safeguarding, therapeutic approaches and particularly how skewed developmental trajectories impact on children's behaviour.

### Dr Tricia Skuse (PhD; CPsychol; BSc (Hons);)

For the last 2 years Tricia has worked as a Highly Specialist Child & Adolescent Clinical Psychologist at the Wales-wide Forensic Adolescent Consultation and Treatment Service (FACTS), working with young people with complex needs and/or mental health difficulties.

Previously Tricia worked as the clinical psychologist at Hillside Secure Children's home and was responsible for assessment, consultation and intervention with young people placed there on criminal and welfare orders. She has also worked in mainstream CAMHS and also in Learning Disability Services.

Prior to retraining as a clinician, Tricia worked as a Research Fellow at Dartington Social Research Unit and Loughborough University, investigating long term outcomes for looked after children. She has presented at a range of national and international conferences.

A founder member of the Attachment Network Wales, Tricia has a special interest in early attachment and trauma, and the relationship of this to later functioning and behaviour during adolescence. She continues to teach widely at both undergraduate and post graduate level, including on the South Wales clinical psychology doctoral programme.

